

Nathan Zsombor-Murray Olympic Diver, Tokyo 2020

Participating in the Tokyo Olympics was a culmination of 13 years of practice.

Having to go to school at the same time as training was extremely difficult. So, John Rennie High School having a Sports Études program, was a humungous help to me. I was able to finish at 12 o'clock, and then go to training. I know for certain I wouldn't have been able to pursue not only my diving goals but also my academic goals without the program. I was able to keep up with all the other students, at the same time, I was able to accomplish my goal of going to the Olympics.

It helped me in so many ways. The teachers at John Rennie were great and the teachers were really able to accommodate my needs so that I was up to date and had all the information I needed. This allowed me to pursue my dreams.

Next, I'm looking forward to the 2023 Olympics in Paris. Academically, I am exploring my CEGEP options. I'm in the Social Sciences Program, which has made me realize I have a lot of time and a lot of options. It is such a broad study that it opened my eyes to new possibilities of what I want to do with my future.