

# Welcome To Wilder Penfield Elementary

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Wilder Penfield Elementary and its dedicated staff are committed to creating an interactive, integrated school environment, in which every student develops a curiosity and love for learning.

We strive to help students attain their true potential as we work in collaboration with the teaching staff, parents and community partners.

Wilder Penfield Elementary is a family!

# Resource Department



Resource Teachers and  
Non-Teaching Staff  
(psychologist, speech therapist,  
occupational therapist, ASD  
consultant and Inclusive  
education consultant)

The resource team is dedicated and committed to making sure every child reaches their true potential in an inclusive school environment. The Individual Education Plan (IEP) is our framework with which we develop accommodations, modifications and strategies to address each child's academic and social-emotional needs. The resource team works closely with the homeroom teacher to provide students with all the support and tools they need to be successful and build their self confidence.

# Mindset Room

**Zones of Regulation**  
Image Adapted from Leah M. Kuypers, MA Ed. OTR-L

**Giving Children The Ability to Identify & Verbalize  
Their Big Feelings is A Crucial First Step In  
Equipping Them to Self-Regulate**

 BLUE	 GREEN	 YELLOW	 RED
SICK SAD TIRED BORED MOVING SLOWLY	HAPPY CALM FEEL OK READY TO LEARN FOCUSED	FRUSTRATED WORRIED SILLY/ WIGGLY SOME LOSS OF CONTROL	MAD ANGRY MEAN YELLING HITTING DISGUSTED OUT OF CONTROL

[www.aheartforallstudents.com](http://www.aheartforallstudents.com)

The Mindset Room is a space in the school that was created to provide our students a safe, calm space that has the tools they may need to be able to self regulate. The room fosters a supportive school climate. The special education technician works with groups or individual students on social, emotional, academic, skills, habits, and mindsets which are needed to succeed in life. At Wilder Penfield we teach a program called The Zones of Regulation. Students learn to identify how they are feeling, how to deal with stress and anxiety, and how to build healthy friendships with peers. Some other skills that we also work on are self confidence, controlling impulses, perspective taking, teamwork, self-management, goal setting, and having a growth Mindset.

# Physical Education



Aims to promote an active and healthy lifestyle and encourage students to actively participate in physical activities.

Physical education is designed to help students build their skills in different sports and physical activities. To learn fairplay and develop positive interactions with others through sports and other physical activities.

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# Wilder Penfield students are involved in many sports and physical activities

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Omnikin



# Penfield Poppers Skipping Team

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# Pilo Polo





# Ultimate Frisbee

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# Track and Field

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# Senior Cross Country Run

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# Junior Cross Country Run

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# ....and Many Other Sports

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Handball



Volleyball

Basketball

Boot Camp

Cup Stacking

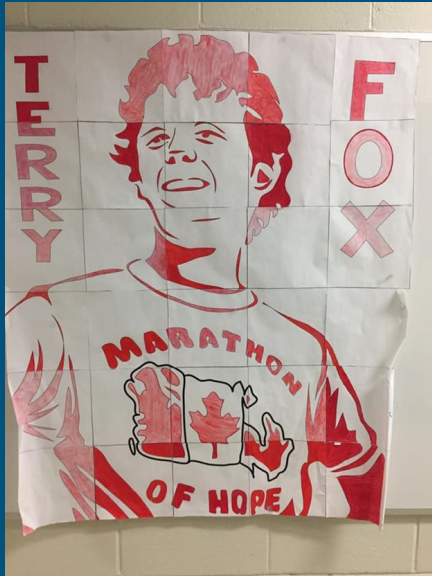
Etc...



# School Organized Activities

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## Terry Fox Run



Throughout the year Wilder Penfield organizes and participates in many school and board activities, the Terry Fox Run, Pink Shirt Day (Anti- Bullying), Math Olympics, Cycle 1 class plays, the Winter Carnival, Reading Competitions, music concerts, the Wilder Welcome and End of Year BBQ (Organized in collaboration with our Home and School).

# Winter Carnival





# Wilder Welcome

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# Cycle 1 Class Play

## La Baleine Bleue



# Art Classes





# Music Class and all its instruments

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Wilder Penfield is very fortunate to have so many instruments to use and teach our students.



# You and Your Child Will Love Wilder!

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So come and join our Wilder family and be a part of an amazing school community that has your child's best interest at heart.

Your child will grow and develop to their true potential and have the opportunity to participate and have fun in sports, clubs and academic competitions.

They will leave Wilder prepared to enter high school and ready to face the world and its challenges.