



Elena Gizas, Nurse at the Intensive care unit, St-Mary's Hospital

My name is Elena Gizas and I am a proud graduate of Sunshine Academy and St. Thomas High School. After graduating from St. Thomas, I pursued a DEC in nursing from John Abbott College followed by a bachelor's degree from McGill. I'm back at McGill working on my master's degree.

The work ethics that I learned during my years at St. Thomas, really helped me during my post-secondary studies. Little did I know that in grade 7, when my English teacher, Mr. Doyon, was teaching us how to write a thesis that it would come so handy all these years later.

I now work as a registered nurse at St. Mary's hospital in the ICU department.

During COVID's first wave, I took on a position of evening charge nurse at the temporary hospital that they set up in the LaSalle arena. To help the patients get over their isolation, I put out a call to the LBPSB community to send reading material and drawings to help decorate the stark cubicles. I was overwhelmed with the outpouring of donations that were sent my way as well as the artwork that the children in the daycare programs sent.

The education I received at LBPSB helped pave the road to this fulfilling career I chose.