

## VIA EMAIL

January 18, 2022

To parents of elementary school students within the territory of the Montréal West Island CIUSSS

### **RE: Continuing COVID-19 vaccination for children 5 to 11 years old at the Lester B. Pearson School Board (LBPSB)**

Hello,

With the rapid spread of the Omicron variant, we would like to remind you that vaccination remains the best protection against COVID-19! The Montréal West Island CIUSSS is continuing its efforts to provide vaccinations for children aged 5 to 11 years old.

We remind you that it is important that children who have already received their first dose also go to their appointment to receive their second one. If your child has not yet received their first dose, we would like to remind you that you can still make an appointment for your child to do so.

There are various vaccination options available to your child. As of **January 19, 2022**, you can book an appointment at specially adapted community vaccination sites. And as of **January 26, 2022**, vaccination will be offered in our schools. How to get your child vaccinated:

#### **OPTION 1: COMMUNITY VACCINATION SITES (AS of January 19, 2022)**

- Reserved time slots for children to community are available (**appointment required**).
- Activities are planned at community vaccination sites during these reserved times, including [zootherapy](#), motivational support, cartoons, and colouring activities, all to make the experience a positive one for community children.

#### **Contact Information – Community Vaccination Sites - Until March 31, 2022**

- **Gerry Robertson Community Centre** (9665 Gouin Blvd. W., Pierrefonds/Roxboro, corner of Sunnybrooke, H8Y 1R4)  
**Schedule:** Tuesdays and Thursdays from 4:30 p.m. to 7:30 p.m.
- **Centre sportif Dollard-St-Laurent** (707 75th Avenue, LaSalle, corner of Boulevard De La Vérendrye, H8R 3Y2)  
**Schedule:** Sundays from 9:00 a.m. to 3:00 p.m.

#### **HOW TO MAKE AN APPOINTMENT**

We encourage you to make your appointment now!

- Online using [Clïc Santé](#)

**OR**

- By calling **514-644-4545**

**OPTION 2: VACCINATION IN SCHOOLS** (as of January 26, 2022)  
**Lester B. Pearson School Board (LBPSB)**

- Please note that you are free to accompany your child to their appointment.
- **One parent** can accompany the child on the day of their vaccination.

**HOW TO MAKE AN APPOINTMENT**  
**(Please note)**

There are two ways of reserving an appointment at CSSMB schools.

1. **If you wish to accompany** your child when they are vaccinated:  
<https://clients3.clicsante.ca/67104/take-appt>
2. **If you do not wish to accompany** your child when they are vaccinated:  
<https://clients3.clicsante.ca/67089/take-appt>

**GENERAL INFORMATION**

**Vaccination is safe and effective for children aged 5 to 11 years old.**

As parents, we want what is best for our children, and it is normal to feel a bit hesitant about vaccination. We would like to reassure you. The COVID-19 vaccine is very effective in the 5-to-11-year-old age group and is very safe. Before being authorized for use in Québec, it was subjected to a rigorous evaluation process and to large-scale quality assessments. Here are a few important elements to consider:

- Even in children, COVID-19 can have serious consequences, including memory and respiratory issues and chronic fatigue. Vaccination provides effective protection against the virus.
- By protecting our children, we are also protecting the adults around them, including their parents and grandparents, who are more vulnerable. Our entire community is better protected.
- After two doses, the vaccination of children and 5 to 11 years old significantly reduces transmission of the virus within our community, so that we can finally resume normal school and social activities.
- **Vaccination is free and available to all**, including those who do not have a health insurance card.
- On the day of your vaccination, please don't forget to bring your **vaccination booklet**.

If you have any questions, please do not hesitate to speak with your family physician, your pharmacist, or a healthcare professional. You can also consult the [Québec.ca/YOUTHvaccine](https://quebec.ca/YOUTHvaccine) website or call **514-644-4545** to ask questions you may have about COVID-19.

Your cooperation is essential. Together, let's put an end to this pandemic!

*Dr. Katherine Moxness, Psychologue*

Dr. Katherine Moxness, Psychologist  
 Director, Youth program